

Resources to support Children with DCD / Dyspraxia

University/Academic Produced



Can Child: McMaster University

- [Children with Developmental Coordination Disorder: At home, at school, and in the community](#)

Booklet designed to help parents and educators identify and manage school-aged children demonstrating movement challenges and other characteristics typical of DCD.

- [Parent Workshop](#)

Online workshop designed to increase knowledge about DCD and other motor coordination challenges, and to increase confidence in supporting a child's development and participation.

- [Related Disorder](#)

Overview of the conditions widely recognised to commonly occur with DCD.

- [Encouraging Participation In Physical Activities For Children With Developmental Coordination Disorder](#)

Why children with DCD may struggle with physical activities and sport, and physical activities that are more likely to be successful and for children with DCD.



Manchester Metropolitan University

- [Watch me do it Video Library](#)

Short videos of everyday skills recorded from a first person point of view to help children learn motor skills, e.g. buttoning a shirt and peeling vegetables.



Brunel University

- [Dyspraxia affects children's wellbeing – here's how parents and caregivers can help](#)

Article covering the hidden challenges a child with DCD might face such as challenges with socialising and physical activity, and steps parents /caregivers can take to ensure their child is supported.



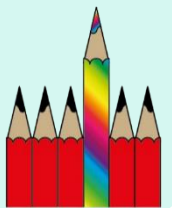
Epic Think Learn: The University of Edinburgh

- [Understanding the Strengths and Difficulties of Dyspraxia/DCD: A guide for parents](#)

Booklet introducing DCD to parents, focusing on signs beyond coordination difficulties, such as impact on executive function and emotional wellbeing.

- [The EPIC Strategy booklet: A guide for parents](#)

A booklet of strategies to support neurodivergent children.



University of South Wales

- [Top Tips and Tricks](#)

Ideas, top tips and tricks that neurodivergent young people use to help them find an easier way of managing everyday things, e.g. at school, at home

University of Notre Dame Australia

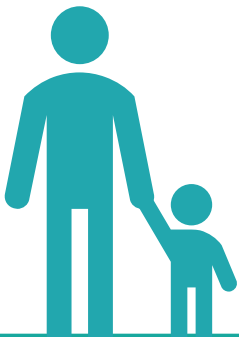
- [DCD, a resource for parents, teachers and clinicians](#)

An in-depth description of DCD, it's impact and approaches to support a young person with DCD.

The Open University

- [Supporting neurodivergent children toolkit](#)

Practical tips and resources to help you support neurodivergent children at home and in school.



Advocacy Group Produced

DCD Australia

- [DCD Information Sheet for Parents](#)

Short description of DCD, its prevalence, cause and impact on different aspects of a child's life, such as education and health.

DCD Kids

- [Understanding DCD](#)

Comprehensive overview of DCD, including signs children with DCD might display, its impact on children's wellbeing and answers to Frequently Asked Questions.

- [Support for Parents](#)

Guidance for parents on how to support themselves after their child receives a DCD diagnosis.

Dyspraxia/DCD Ireland

- [Activities for children with Dyspraxia](#)

List of physical activities recommended for children with DCD and guidance for accessing a Sports Inclusion Disability Officer (Ireland).



Other Organisations

NHS

- [Developmental co-ordination disorder \(dyspraxia\) in children](#)

Overview of dyspraxia; symptoms, cause and therapies that can help children manage.

Treatment: Developmental co-ordination disorder (dyspraxia) in children

More in depth focus on potential treatments to help children with DCD manage their symptoms, including how healthcare professionals can help, different intervention approaches, and treatment options as the child get older.



Just One Norfolk NHS

- [Dyspraxia: Developmental Coordination Disorder](#)

Accessible overview of DCD including early signs and how to support a child with DCD.

Chelsea and Westminster Hospital NHS Foundation Trust

- [Developmental coordination disorder \(DCD\)/dyspraxia](#)

A comprehensive explanation of DCD including its impact on everyday activities. Includes additional child-friendly explanation and strategies to support a child at home, at school and in the community.

Bedfordshire and Luton Children's health NHS

- [Developmental coordination disorder \(DCD or dyspraxia\)](#)

DCD/ dyspraxia traits, guidance on parenting a child with DCD and strategies to help build confidence and self-esteem.





NHS Tayside CYP Occupational Therapy Services

- [Developmental Coordination Disorder \(DCD\) for Children and Young People](#)

Short video to help children and young people understand more about DCD, the impact it can have on everyday activities and helpful strategies to think about or implement.

Sheffield's children's NHS Foundation trust



- [Independence Skills information library](#)

Series of videos aimed at children, teaching everyday skills such as dressing and using cutlery, using a step-by-step approach. Includes help sheets and top tips.

- [Higher level strategies to support planning and organisation skills](#)

Strategies to support planning and organisational skills for young people.

Lincolnshire Community and Health Services: NHS Trust



- [First Move](#)

Resource to help children develop their muscle strength, balance, coordination and fine motor skills. Includes the components of a movement skill and activities to improve the skill.

Children's and Young People's Health Services; Cambridge (NHS)

- [Co-ordination and motor skills](#)

A series of online learning sessions that have been specifically created to support families in learning about co-ordination and motor skills.



East London NHS Foundation Trust

- [Move and Coordinate 1 – Motor Planning](#)

Video explaining techniques and exercises to improve a child's motor planning skills and coordination.

- [Move and Coordinate 2 – Balancing](#)

Video explaining techniques and exercises to improve a child's balance.



Liverpool City Council

- [I think my child has Dyspraxia](#)

Handouts containing advice and strategies to support specific areas of need, e.g. handwriting skills and dressing skills.



Raising children Network

- [Developmental Coordination Disorder](#)

Overview of DCD and support for children and teenagers, including school support and support with physical education.



Cincinnati Children's

- [Developmental Coordination Disorder](#)

In-depth summary of DCD; signs at school and at home, the diagnosis process and specific interventions.



- **Dystalk**

YouTube Channel sharing short informative talks from leading experts about learning difficulties, including dyspraxia, dyslexia and dyscalculia.

Understood

- **[Understanding developmental coordination disorder \(DCD\)](#)**

Easy to read, expert reviewed article. Covering signs and symptoms of DCD in children across grade levels, the diagnosis process and how professionals and parents can help.

- **[What is Developmental Coordination Disorder \(DCD\)?](#)**

Short explanation of DCD by expert, with a focus on DCD within childhood.



Books to support a child/young person with DCD / Dyspraxia

Books by Professionals

- [Developmental coordination Disorder](#) Morven F Ball (2002)
- [How to Help a Clumsy Child](#); Strategies for young children with developmental motor concerns. Lisa A. Kurtz (2003)
- [How to Understand and Support Children with Dyspraxia](#) Lois Addy (2004)
- [Co-ordination Difficulties: Practical Ways Forward](#) Michèle G. Lee (2004)
- [The Source for Developmental Coordination Disorder](#) Paulene Kamps (2005)
- [Understanding Motor Skills in Children with Dyspraxia, ADHD, Autism, and Learning Disabilities](#) Lisa A. Kurtz (2007)
- [Developmental Dyspraxia: Identification and Intervention: A Manual for Parents and Professionals](#) Madeline Portwood (2007)
- [Can't Play Won't Play](#) Sharon Drew (2008)
- [Dyspraxia in the Early Years: Identifying and Supporting Children with Movement Difficulties](#) Christine Macintyre (2009)
- [Dyspraxia 5-14: Identifying and Supporting Young People with Movement Difficulties](#) Christine Macintyre (2009)
- [The Parents' Guide to Specific Learning Difficulties Information, Advice and Practical Tips](#) Veronica Bidwell (2016)
- [Hands on Dyspraxia: Developmental Coordination Disorder: Supporting Young People with Motor and Sensory Challenges](#) Jill Christmas, Rosaline Van de Weyer (2019)
- [Developmental Coordination Disorder \(Dyspraxia\): How to Help](#) Susan Lloyd, Laura Graham (2022)



Books by Academics

- [The Adolescent with Developmental Co-ordination Disorder \(DCD\)](#) Amanda Kirby (2003)
- [Dyspraxia: Developmental Co-ordination Disorder](#) Amanda Kirby (2006)
- [Beating Dyspraxia with a Hop, Skip and a Jump: A Simple Exercise Program for Home and School](#) Geoff Platt (2014)

Books for Children / Young People

- [Stephen Harris in Trouble: A Dyspraxic Drama in Several Clumsy Acts](#) Tim Nichol (2003)
- [Caged in Chaos: A Dyspraxic Guide to Breaking Free](#) Victoria Biggs (2006)
- [Can I tell you about Dyspraxia?](#) Maureen Boon (2014)
- [Sometimes I find it hard to move my body](#) Compiled by Melissa Licari (2019)
- [My Buddy Bryant](#) Elizabeth McKinney (2019)
- [It Just Disappeared!](#) Nadia Frangos (2024)
- [We are the Dyspraxia Champions](#) Alison Patrick (2024)
- [A Trip into a Dyspraxic Person's World: A Graphic Treatment](#) Charlotte O'Neill (2026)

